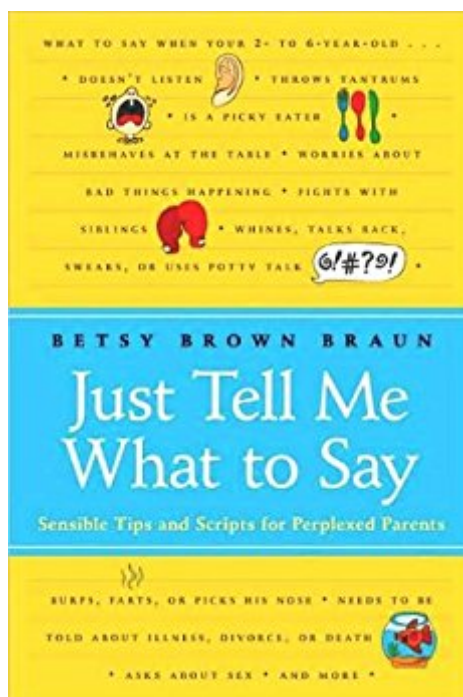


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# Just Tell Me What To Say: Simple Scripts For Perplexed Parents



## Synopsis

Parents are often perplexed by their children's typical behaviors and inevitable questions. This down-to-earth guide provides "Tips and Scripts" for handling everything from sibling rivalry and the food wars to questions about death, divorce, sex, and "whyyyy?" Betsy Brown Braun blends humor with her expertise as a child development specialist, popular parent educator, and mother of triplets. Whatever your dilemma or child's questionâfrom "How did the baby get in your tummy?" to "What does 'dead' mean?" to "It's not fair!"âBetsy offers the tools and confidence you need to explain the world to your growing child.

## Book Information

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## Customer Reviews

Oh, I wish I'd had this book when my daughter was younger! It is directed at parents of kids aged 2 to 6. Maybe for her next book Betsy Brown Braun could do a book for kids aged 14 to 16. My daughter's 14th birthday was yesterday. Betsy, please hurry."Just Tell Me What To Say" is just that: a collection of situations with scripts of what to say to kids. It is calm, wise and completely honest. It has great advice. On the topic of swearing, for example, tips include suggesting funny alternative

words to swear words ("Fooley-spitooley!" "Rats!") and that parents should never wash out a child's mouth with soap. Chapters: 1. SMALL TALK IS BIG TALK. Communicating with your children 2. "TOMMY JUST DOESN'T LISTEN." Discipline do's and don'ts 3. "IT'S ALL MOLLY'S FAULT." Sibling issues 4. "HOW MANY BITES 'TIL I CAN GET DESSERT?" Children's eating habits and behaviors 5. "GET YOUR FINGER OUT OF YOUR NOSE!" Manners and social graces 6. "IT'S NOT FAIR!" Day-to-day parenting dilemmas 7. "HOW DID THE BABY GET IN YOUR TUMMY?" Learning about the Birds and the Bees 8. "WHY DID MOMMY'S HAIR FALL OUT?" Talking about serious illness 9. "WHY IS MY GOLDFISH FLOATING IN THE TOILET?" Learning about death 10. "MOMMY AND DADDY HAVE SOMETHING TO TELL YOU." Talking with your children about divorce 11. "IS THE FIRE GOING TO COME TO OUR HOUSE?" Answering questions about natural disasters, terrorism and war.

Before I picked up this book, as any parent, I thought I already had a lot of the answers. After all, I'd already survived one teenager. From page one of *Just Tell Me What to Say*, I didn't have enough answers, and thankfully, this book would give me them all. Throughout the chapters of *Just Tell Me What to Say*, I found a treasure trove of information and advice, many things I did not have in my parent arsenal of answers... but do now! By the end of the book, I felt empowered, ready to take on questions from my toughest toddler, and comforted by the fact that I have an invaluable resource handy, should I need to deal with more sensitive issues like illness and death. *Just Tell Me What to Say* covers it all, from sex to divorce, to rudeness in public and picky eaters. The author, Betsy Brown Braun, provides tips and scripts, and oodles of advice, written in a fun, friendly, "parent to parent" style that's easy to identify with and comprehend. Ms. Braun is truly an expert and her advice, priceless. I could go on and on praising the merits of this book, but in a nutshell-I'm convinced *Just Tell Me What to Say* is a book that every parent and childcare professional needs. Get a copy and read it today, you'll be grateful you did...and your children will be, too.

Thank goodness! This is NOT another "Raise-Your-Child-According-To-Me" book. Betsy assumes you already know a little something about parenting and can handle most day-to-day situations. But she also knows that we're all going to get stuck occasionally wondering about the right thing to say. THIS is when you pick up her book and look for help -- and you WILL find it. It's brilliant! Think of it as WD-40 for the parenting brain.

I am a stay at home dad with a father who was US Special Forces where I was raised in a "be seen,

but not heard" home. Not the best teachers but my parents did there best. Know that I want to raise my child to be respectful, polite and overall good kid with out the "fear of god" or "dad" aspect to raising my son and daughter on the way. Too many parents in my generation, the ones who grew up in the 80's, have raised brats. That is at least in the area we live in. No respect for adults, talking back to teachers and parents is the norm it seems now a days. Well this book is really great on teaching me what and how to teach my child respect, boundaries, empathy and discipline. I am not the reading type of person so for me to pick up a book and read it I need to really like it or feel it is incredibly helpful and in this case the latter. Betsy's other book, "Your not the brat of me" is also a great book. There are many ways to raise children but making it easier for me to learn better ways are what this book is all about. The only way this book could be better if it had an app that, "in the moment" of conversation with your child, you could press a button and get the best answer on how to respond to you child. Before reading this book I can say I've worked very hard getting my child to say, please, thank you and cleaning up his toys etc. It's more a matter of teaching the etiquette and discipline to the parent to make their job raising their child easier. I can say it definitely helps tremendously and simple ways to say things work wonders. Read one of the page previews and you will see for your self. Highly recommended for any parent with babies or toddlers even elementary age can benefit from you the parent learning a better way to raise our kids.

Where was Betsy Brown Braun when we were raising our own children? While we certainly managed, how much easier life would have been with Just Tell Me What to Say on our nightstands. What an amazing resource. In addition to being packed with valuable information, the author's style is direct, no nonsense and humorous - all at the same time. She is obviously an expert on the subject of raising healthy, happy children but she talks to you like she is talking to a friend. I have given this book to my daughter (mother of a 1 year old) and daughter-in-law (mother of a 2 year old) who both know that I think they are wonderful mothers. We have already had meaningful conversations about a few topics in the book and know that there will be many more opportunities to reference it in the future. I have also started giving this book to my friends who are becoming grandmothers. Just Tell Me What to Say is definitely a quick refresher course. The only request I would have for Mrs. Braun is to please come out with the 6-10 year sequel within the next 4 years.

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